

STUDENT LIFE SKILLS (SLS)

SLS 1101 Success Strategies for College and Life

Credit Hours: 3

This course helps students to be successful in college and life by empowering them to make wise choices. It assists students in developing greater confidence and motivation, focusing on self-esteem, self-awareness, self-management, interpersonal communication, and emotional intelligence. Students assess interests, learning styles, and career aspirations while learning college customs, reviewing study skills, and exploring their own definitions of a rich, fulfilling life.

SLS 1301 Career Exploration

Credit Hours: 3

This course provides the strategies and skills necessary for a lifetime of career-related decision making. Students will explore personal and professional interests, values, and abilities through various assessment techniques and hands-on experience. Does not meet Core Scholar requirements.

SLS 1371 Experiential Portfolio Development 1

Credit Hours: 1

Prerequisites: Recommendation of Accelerated Education Coordinator

This course is designed to assist persons with significant learning from prior experience to assemble portfolio(s) for evaluation. Portfolios may be submitted for up to 25% of the total credits a student must take to be awarded a degree.

SLS 2261 Leadership

Credit Hours: 3

This course is designed for students to learn the processes of leadership, which is the process of influencing human behavior so as to accomplish predetermined goals. Students will be given the opportunity to model leadership skills.

SLS 2261H Honors Leadership

Credit Hours: 3

Prerequisites: Appropriate test scores in reading and writing or exemption from placement testing and admission to the EFSC Honors Program

This course is designed for students to learn the processes of leadership, which is the process of influencing human behavior so as to accomplish predetermined goals. Students will be given the opportunity to model leadership skills by producing a community event.

SLS 2401 Discover Your Major and Career

Credit Hours: 3

This course helps students select majors that will support their career choices and utilizes self-exploration and career assessment data. In addition, the course offers students opportunities for educational planning, networking, career decision making, interviewing, and job searching.

SLS 2948 Service-Learning Field Studies 1

Credit Hours: 1

This course gives the student the opportunity to understand the relationship of theory to practice through participation in a service-learning experience. Students are required to complete 20 hours of volunteer work, a service-learning contract, and an oral and written reflection of the experience.